Leadership Excellence and Gender in Organizations

Pushed out or Opting out? Integrating perspectives on gender difference in withdrawal attitudes during pregnancy

Samantha C. Paustian-Underdahl scpaustian@gmail.com

Asia Eaton

Department of Psychology, Florida International University, aeaton@fiu.edu

Ashley Manderville amandeville@fgcu.edu

Laura Little Imlittle@terry.uga.edu

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Pushed Out or Opting Out? Integrating Perspectives on Gender Differences in Withdrawal

Attitudes during Pregnancy

Abstract

Motivated by recent research suggesting that mothers are more likely to withdraw from work

than fathers, we assess the relative contributions of popular "pushed out" and "opting out"

perspectives. As pregnancy is a pivotal time for the re-evaluation of work and life roles and

attitudes, we examine gender differences in changes in perceived career encouragement and

career motivation throughout pregnancy for expectant men and women. Specifically, we

investigate changes in withdrawal attitudes across six time-points in a sample of heterosexual

dual-career couples expecting a new baby. We also examine the reciprocal effects between

career encouragement and career motivation over time. Using latent growth modeling, our results

support the pushed out perspective; we find that gender (being female) indirectly predicts an

increase in turnover intentions and a decrease in career motivation throughout pregnancy, due to

changes in perceptions of career encouragement at work. We do not find evidence supporting an

opting out explanation for gender differences in withdrawal attitudes. Theoretical and practical

implications of these findings are discussed.

Keywords: gender, work-family, career, turnover intention, pregnancy