

Purdue University

Purdue e-Pubs

Life Amid the COVID-19 Pandemic: Responses
and Reflections

Asian American and Asian Resource and
Cultural Center

5-8-2020

Covid-19 Reflection

Xingyan He

Purdue University

Follow this and additional works at: <https://docs.lib.purdue.edu/lac19>

Recommended Citation

He, Xingyan, "Covid-19 Reflection" (2020). *Life Amid the COVID-19 Pandemic: Responses and Reflections*. Paper 8.

<https://docs.lib.purdue.edu/lac19/8>

This document has been made available through Purdue e-Pubs, a service of the Purdue University Libraries. Please contact epubs@purdue.edu for additional information.

Xingyan
He

Covid-19 Reflection

In the year of 2020, Covid-19 started to explode in the world and nearly every country in the world has been affected and many people have been infected. Early this year, people in China was still celebrating the Spring Festivals with their families and friends and everyone were in deep happiness; until one day, the news told us that people have been infected and sent to ICU. People in China started to lock themselves at home and stop all the events and parties, the government took action to tell everyone stop trying to go out and stop all the schools. Suddenly, people started to panic, families that have children studying abroad started to worry about their children and wanted to buy tickets for their children to go back home as soon as possible.

When the US started to have more and more people being infected by the Covid-19, my family was very worried about my mother and I. My grandparents and every relative in the family send me messages every day and ask me where I was and what I was doing. They wanted to make sure that I did not go outside and did not join any parties in the community.

After Spring break, Purdue University have switched all the classes to online courses, life have changed starting from that moment. Before, I have classes started from 9 in the morning to 3 in the afternoon; however, after it becomes online classes, the schedule on my life has changed. I do not need to wake up early in the morning to get to classes on time. Even though all classes have become online classes, the quantity of homework has increased. My roommate and I spend most of the day trying to finish all the homework and prepare for the midterm that was just right after spring break. We started to communicate with our friends only by social media, we even decrease the times we go for grocery shopping because we do not want to go out and have interactions with others.

If people ask me what is something that is important, I want others to know about my current situation, I think I will say "staying home and don't try to have parties with friends". It is hard because in the past, we might have different parties during the weekend, and suddenly, we are all staying home with no entertainment, feeling boring was the only thing we were all talking about in social media. People started to ask what everyone is doing at home. It is very hard to stay at home for a long time and not going out except you really need to go grocery shopping. Once you stayed at home for a week, you will start to feel anxiety and upset. this is very hard to get over. In the second week of my quarantine, I started to call my parent and ask them what they did when

they stay home because I could not find anything to do at home. There have been some messages outside saying that this is the "Chinese virus" which worried our parents a lot because it shows some kind of racism and parents are worried that people will treat us badly.